

#### Who are we?

The Bowlby Centre provides a 4 year part time psychotherapy taught course which is accredited by the United Kingdom Council for Psychotherapy. Our influences include classical psychoanalytic thinkers from Freud to Winnicott and challenges to traditional approaches from authors such as Jessica Benjamin, John Bowlby, Ronald Fairbairn and Stephen Mitchell.

We also offer a referral service, short courses on cutting edge clinical issues, and the annual John Bowlby Memorial Conference.

The Bowlby Centre is a Company Limited By Guarantee No. 3272512. Registered Charity No. 1064780/0

## short courses

### Course Details:

#### Date:

Saturday 26<sup>th</sup> and Sunday  
27<sup>th</sup> September 2020 and  
Saturday 10<sup>th</sup> and Sunday  
11<sup>th</sup> October 2020

#### Time:

10 am to 4pm

#### Cost:

£580 Organisations  
£540 Individuals

#### Venue:

The Bowlby Centre  
1 Highbury Crescent,  
London N5 1RN

#### Seminar leaders:

Orit Badouk Epstein

The Bowlby Centre used to be known as The Centre for Attachment-based Psychoanalytic Psychotherapy - CAPP

The Bowlby Centre is governed by a Board of Trustees and managed by an elected Executive.

Registered Charity No. 1064780/0 A company Ltd. by Guarantee No.3272512

The Bowlby Centre  
1 Highbury Crescent  
London  
N5 1RN

Tel: 020 7700 5070  
admin@thebowlbycentre.org.uk

### Promoting Attachment and Inclusion

## Attachment Theory in Clinical Practice

### Seminars will include the following themes

- Introductions – our relationship to attachment theory.
- Attachment theory in context
- Separation, loss and mourning
- Patterns of attachment and their internal representation
- Secure • Dismissing • Preoccupied • Unresolved/disorganised • Not classifiable
- Evaluating adult attachment states of mind
- Internal working models
- Reflective functioning
- Intersubjectivity

Clinical work will consider the role of mourning, narrative, mutuality and recognition, affective attunement and cycles of rupture and repair in the therapeutic process.

The objectives of this course are to introduce Attachment theory and deepen your understanding of it. It's designed to be of practical value with implications for therapy and human relatedness. The course is aimed for Counsellors, Psychotherapists, Psychologists, Psychiatrists and Social Workers.

"I was surprised how this course touched on all areas of my life... for me it has been the missing piece of the jigsaw I have been looking for and brings together many things..."

Orit Badouk Epstein is a UKCP registered attachment based Psychoanalytic psychotherapist, a training supervisor and a training therapist. She trained at the Bowlby Centre, London where she is the Editor of the journal Attachment-New Directions in Psychotherapy and Relational Psychoanalysis (published by Karnac books). She teaches Attachment theory and is the head of the planning group of the International Bowlby Memorial conference. She specialises in attachment theory and trauma and regularly writes and present papers on these topics. She runs a private practice and works relationally with individuals, couples and parents. Orit has a particular interest in working with individuals who have experienced extreme abuse and trauma and have displayed symptoms of dissociation. She is the co-author of the book "Ritual Abuse and Mind Control: The Manipulation of Attachment Needs" (Karnac Books), co-editor of the book "Terror within & without", and is the co-editor of the ESTD (European Society for Trauma and Dissociation) newsletter where she regularly writes articles and film reviews.

### VALUING DIVERSITY

The Bowlby Centre welcomes applications from all sectors of the community and respects and values difference in age, class, culture, disability, ethnicity, gender and sexuality.



# THE BOWLBY CENTRE

## BOOKING FORM

# Attachment Theory in Clinical Practice

**Saturday 26<sup>th</sup> and Sunday 27<sup>th</sup> September 2020  
and  
Saturday 10<sup>th</sup> and Sunday 11<sup>th</sup> October 2020**

Name:

Address:

Telephone:

Email:

Please tell us about your professional qualifications, counselling or psychotherapy background and clinical experience and your interest in the course.

Price: £

Cost:

£580 Organisations

£540 Individuals

Please visit [www.thebowlbycentre.org.uk/cpd/](http://www.thebowlbycentre.org.uk/cpd/) to book and pay online or send a cheque made payable to The Bowlby Centre and post to Carol Tobin, The Bowlby Centre, 1 Highbury Crescent, London N5 1RN. If you have any questions or queries please contact [carol.tobin@thebowlbycentre.org.uk](mailto:carol.tobin@thebowlbycentre.org.uk)

A Certificate of Attendance will be provided for CPD purposes