



Who are we?

The Bowlby Centre provides a 4 year part time psychotherapy taught course which is accredited by the United Kingdom Council for Psychotherapy. Our influences include classical psychoanalytic thinkers from Freud to Winnicott and challenges to traditional approaches from authors such as Jessica Benjamin, John Bowlby, Ronald Fairbairn and Stephen Mitchell.

We also offer a referral service, short courses on cutting edge clinical issues, and the annual John Bowlby Memorial Conference.

The Bowlby Centre is a Company Limited By Guarantee No. 3272512. Registered Charity No. 1064780/0

short courses

Course Details:

Date:

Saturday, 23 November 2019

Time:

10.30 am – 5.30pm

Fee:

Bowlby Centre Members £90
Bowlby Centre Students £60
External participants £110

(Lunch included)

Maximum number of participants 20

6 Hour Attendance Certificate

Venue:

The Bowlby Centre
1 Highbury Crescent
London N1 5RN

Presenter:

Lee Gale

The Bowlby Centre used to be known as The Centre for Attachment-based Psychoanalytic Psychotherapy - CAPP

The Bowlby Centre is governed by a Board of Trustees and managed by an elected Executive.

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The Bowlby Centre

1 Highbury Crescent
London
N5 1RN

Tel: 020 7700 5070
admin@thebowlbycentre.org.uk

The Bowlby Centre - Trans Awareness and Inclusion Delivered by Gendered Intelligence

This is a full day professional development trans awareness session enabling professionals to broaden their trans awareness and understanding.

Our identity as a man or a woman is often taken for granted, but sex and gender come about through a combination of biological, social and psychological aspects of life that build our individual identity. When we begin to investigate who we are, locating why we are the gender we feel ourselves to be, things can become very complex.

Gendered intelligence might be a sensitivity or attunement to moments when gender or gendered expressions appear in the world in ways that raise interest or cause for debate. This might be a political moment where power is brought into play. If you think about what happens when certain behaviours which are traditionally carried out by one gender, are lived by an other, you can see quickly how roles, jobs, appearances and behaviours, even ways of thinking, are all gendered activities.

Therefore, we might say that gender is not something that you are, or have, but is something that you do. For us, it is important to nurture and develop gendered intelligence in the individual, in order that we may occupy a world where a greater freedom of expression and a wider and richer spectrum of identities can co-exist.

The day is based around interactive exercises, encouraging participants to get involved in thinking through what trans means and ways to achieve equality and inclusivity in practice. There will be time to ask questions and discuss scenarios. At the end of the session you will have:

- an appreciation of how sex, gender and sexual orientation interact.
- improved understanding of trans identities, terms and language.
- a basic grounding in the key laws relating to trans people.
- increased awareness of trans issues and ways to be trans inclusive.
- increased confidence in working with trans colleagues/clients.
- information about helpful resources.
- a session booklet.

About the Trainer

Lee Gale joined Gendered Intelligence (GI) in 2013, having worked in support of the trans communities in a range of voluntary roles and organisations since 2000.

He has 7 years' experience of training and group facilitation, based on various Train the Trainer courses, including Preparing to Teach in the Lifelong Learning Sector (PTLLS) and honed through work with trans community voluntary work. He founded a Yorkshire-based social/support group for trans masculine people and co-founded TransBareAll, an organisation that works with individuals to explore topics such as body, relationships and confidence, sexual health and intimacy. This grass roots work is his passion and has given him a valued insight into the issues and experiences trans people face.

As an independent consultant, he has also been involved in producing resources such as "Living My Life", "Top Tips for Working with Trans People" and "Our Bodies, Our Health, a health guide for trans men, trans masculine and non binary people".

GI is a trans-led organisation (Charity 1182558) and Lee is trans himself – he started transition in 1999 to live a more masculine identity. He views being visible in the work he does for GI as one more way he can help people gain an understanding of trans people.

VALUING DIVERSITY

The Bowlby Centre welcomes applications from all sectors of the community and respects and values difference in age, class, culture, disability, ethnicity, gender and sexuality.

