Thoughts about suicidality in the therapy relationship

SPEAKERS:
Sarah Devereux and Victoria Settle

I hope this to be a presentation of clinical material to think about suicidal feelings expressed in the room. I am hoping in the presentation of the material and in the discussion afterwards to think about the anxiety that I and I suspect other therapists experience when confronted with such material. How do we retain and develop the capacity to think about these feelings particularly when they are experienced frequently and over a long period of time, months and sometimes years.

Our Speakers

Sarah Devereux has worked in the NHS in secure mental health services for 16 years. She is clinical lead for Occupational therapy for a secure women's service and an MBT (Menatalisation based therapy) therapist for a community service for those who have received as diagnosis of personality disorder. She is as a Bowlby Centre trained psychotherapist.

Tori Settle is the Chair of the clinical training committee and has been a teacher and course tutor for the Bowlby Centre for the last 12 years. She has a private practice and is a training supervisor for the centre also.