



CLINICAL TRAINING APPLICATION FORM - next Intake
Please complete this form writing clearly in black ink or black type face

NAME	SURNAME
ADDRESS	
POST CODE	
DAYTIME TELEPHONE	
WEEKEND TELEPHONE	
MOBILE	
EMAIL	

2. Current Psychotherapy (see note 1. on page 3 for our therapy requirements)

Name of your therapist

Length of time with this therapist

Name of the section of the UKCP or BPC to which your therapist belongs

Other Information we need

Are you registered disabled? YES / NO

Would you describe yourself as differently abled including special educational needs eg dyslexia? YES / NO

Please provide details so we can think together about the kind of support you may need on the training - use separate sheet if needed.

Have you had an enhanced CRB check and is it up to date? YES /NO



FOR OFFICE USE

Psychotherapy requirements met

References checked

Fee paid

Interviews completed

CRB - original docs checked

Decision



3. About You:

Please explore for us your reasons for applying to train as a psychotherapist with The Bowlby Centre. This is so that we can get a sense and understanding of you as a person. Tell us about your past and current circumstances and some idea of what you would bring to The Bowlby Centre, as well as what you would hope to gain from the course. How would you describe this point in your life and why you are considering training now?

(Max 500 words. Please use extra sheet(s) if required)



4. Details of Personal Psychotherapy:

a) Please outline all your previous psychotherapy or counselling giving us the length of the therapy and when in your life this was undertaken. It is also helpful to know the therapeutic orientation of your therapist(s).

b) Please reflect on your experience of therapy and how this has influenced your application to train with The Bowlby Centre.

(Max 500 words for this section)

Note 1. Personal Psychotherapy:

In view of the important role that personal therapy plays in your development and training as a psychotherapist, we would expect you to have been in personal therapy for a minimum of one year with an attachment-based psychoanalytic psychotherapist or a psychotherapist who works from a psychodynamic perspective prior to starting the course. Ideally, this would be the year prior to and during your application to the training course, so that you have an established therapeutic relationship in place to support you through the process of application and the demands of beginning the training.

When you commence the training it is a requirement to be in therapy twice a week with a therapist who meets The Bowlby Centre's criteria for approval as a Training Therapist. They must be a member of the United Kingdom Council of Psychotherapy, (UKCP) Council for Psychoanalysis and Jungian Analysis (CPJA) section or a member of the British Psychoanalytic Council (BPC).

If you are unsure as to whether your personal therapy experience or current therapy arrangements meet this criteria you can discuss this with the member of the Clinical Training Committee responsible for applications.



5. Relevant Life and Work Experience and its Relationship to Your Emotional Readiness to Train:

a) Current Occupation

b) Do you have any relevant experience of working in a paid or voluntary capacity with people in emotional distress? Please list with dates

c) Please reflect on your experience of being with people in emotional distress and how this has led you to feel that you are ready to train as a psychotherapist.
(Max 500 words)



6. Education or Experience of Learning:

The Bowlby Centre's values around education support people's different learning styles and those with special educational needs. As the course is at the equivalent of post-graduate level, the abilities we are looking for are the capacity to explore, analyse and engage with your own process, the material and with others in a learning group.

Please tell us about what education or life experience you have which you feel equips you to study at this level.

(max 500 words)



7. The Bowlby Centre and Equal Opportunities:

The Bowlby Centre Values

- mental distress has its origin in failed and inadequate attachment relationships in early life and is best treated in the context of a long-term human relationship.
- attachment relationships are shaped in the real world and impacted upon by poverty, discrimination and social inequality. The impact of the social world will be part of the therapy.
- psychotherapy should be available to all, and from an attachment-based psychoanalytic perspective, especially those discriminated against or described as “unsuitable” for therapy.
- psychotherapy should be provided with respect, warmth, openness, a readiness to interact and relate, and free from discrimination of any kind.
- those who have been silenced about their experiences and survival strategies must have their reality acknowledged and not pathologised.

The Bowlby Centre values inclusiveness, access, diversity, authenticity and excellence. All participants in our organisation share the responsibility for anti-discriminatory practice in relation to race, ethnicity, gender, sexuality, age, (dis)ability, religion, class, educational and learning style.

Equal opportunities is not about political correctness or policing, it is about developing awareness of the real world issues that face us and our clients which exclude many from therapeutic support. As a student at The Bowlby Centre you will be working towards integrating the values of the organisation into your understanding of the world so that they can enrich your relationships with your colleagues and therapeutic practice as a psychotherapist in training and ultimately as a member of The Bowlby Centre. Difference and power are an inevitable part of human interaction and the therapeutic space is not immune to these dynamics. By naming and working openly and confidently with difference we can hopefully alleviate some of the harm caused by unconscious prejudice. With this in mind, please address the following:

- a) What are your personal values?
- b) What is your experience and understanding of oppression?
- c) How do you take responsibility for your own prejudice?

(Max 500 words Please use extra sheet(s) if required)



The Bowlby Centre and Equal Opportunities - continued



Please sign this document in confirmation that it contains accurate and factual information.

Signed _____

Date _____

Please send in with your application a copy of two references (see attached guidelines on page 9)

Please forward this form with a cheque for £100 made payable to The Bowlby Centre for your interview fee to:

The Bowlby Centre, 1 Highbury Crescent, London, N5 1RN

Guidelines for references for applicants to the four year part time psychotherapy training

Two references are required, one should be from someone who has known the applicant in a professional relationship in a work setting and the second from someone who has known the applicant in a personal relationship, excluding a family member. Copies of two references should be submitted by the applicant at the time of application.

Date

Name of applicant

Referee's name, address and job title

1. How long you have known the applicant?
2. In what capacity do you know the applicant?
3. Please comment on the applicant's suitability for the course, supporting this from your knowledge and experience of them?
4. Any other information that you would like to give to support the applicant and which is relevant to their being able to participate in The Bowlby Centre's four year psychotherapy training.

Information about The Bowlby Centre and the training course is available on our website www.thebowlbycentre.org.uk for your use in responding to this request.

Thank you.
on behalf of The Bowlby Centre Clinical Training Committee